7th Annual USAPL Southeastern USA Regional Championships

Don Taft University Center Arena -- Nova Southeastern University: Davie, Florida

Saturday, September 25, 2010

							SQUAT			BENCHPRESS				DEADLIFT						
NR	WT	BDW.	NAME	AGE	CLUB / CITY	DIVISION	1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.	Coef.
1			**Powerlifting**																	
2	F 48.00		Leah Sosa	24	Just Lift Ink -- Margate	Open														
3	F 52.00		Tanya Forbes	35	Bahamas Powerlifting Federation	Open														
4	F 90.00+		Danielle Dennard	21	Bahamas Powerlifting Federation	Open														
5	F 90.00+		Nancy Edelson	48	Irish Iron -- Palm Harbor	Raw/Unequipped														
6	60.00		Hennis Washington	40	Sculpture Nutrition -- Tampa	Open														
7	75.00		Carlos Cevallos	22	Prime Time Fitness -- Hialeah	Open														
8	75.00		Scott Shill	22	Florida Atlantic University	Collegiate														
9	75.00		Carlos Cevallos	27	Prime Time Fitness -- Hialeah	Raw/Unequipped														
10	82.50		Doug Phan	22	Tampa	Collegiate														
11	82.50		Doug Paugh	71	Keepin Fit on the Cape - Cape Coral	Master [70 - 79]														
12	82.50		Gonzalo Gonzales	77	YMCA -- Weston, Florida	Master [70 - 79]														
13	90.00		Andrew Wainer	25	Just Lift Ink -- Margate	Open														
14	90.00		Romeo Archer	36	Bahamas Powerlifting Federation	Open														
16	90.00		Eric Smuclovisky	23	LA Fitness -- Boca Rotan	Junior [20 - 23]														
15	90.00		Jim Wold	63	Pensacola NAS -- Pensacola	Master [60 - 69]														
17	90.00		Alex Tirtitiski	30	Moore Muscle -- Miami	Raw/Unequipped														
19	100.00		Phillip Dawkins-Sanders	17	Bahamas Powerlifting Federation	Open														
18	100.00		Julian Ulvang	47	Just Lift Ink -- Margate	Master [40 - 49]														
20	100.00		James Henderson-Coffee	49	Pensacola NAS -- Pensacola	Master [40 - 49]														
21	110.00		Lamont Evans	36	Bahamas Powerlifting Federation	Open														
22	125.00		Alpheus Woddside	31	Bahamas Powerlifting Federation	Open														
23	125.00		Leslie White	29	Bahamas Powerlifting Federation	Open														
24	125.00+		Kennith Morris	25	Samson Strength /Fitness -- Port St. Lucie	Raw/Unequipped														
25			**Push/Pull for Total**																	
26	F 48.00		Joan Schmidt	70	The Commons Club -- Bonita Sprgs	Open														
27	F 48.00		Joan Schmidt	70	The Commons Club -- Bonita Sprgs	Master [70 - 79]														
28	52.00		Zhao Cheng Zheng	16	Montverde Academy - Montverde	Teen [16 - 17]														
29	52.00		Zhao Cheng Zheng	16	Montverde Academy - Montverde	High School Varsity														
30	60.00		Ray Kang	18	Montverde Academy - Montverde	Teen [18 - 19]														
31	60.00		Ray Kang	18	Montverde Academy - Montverde	High School Varsity														
32	67.50		K.C. Park	18	Montverde Academy - Montverde	Teen [18 - 19]														
33	67.50		K.C. Park	18	Montverde Academy - Montverde	High School Varsity														
34	75.00		Xiao Lin	18	Montverde Academy - Montverde	Teen [18 - 19]														
35	75.00		Xiao Lin	18	Montverde Academy - Montverde	Raw/Unequipped														
36	82.50		Scott Yoo	16	Montverde Academy - Montverde	Teen [16 - 17]														
37	82.50		Scott Yoo	16	Montverde Academy - Montverde	High School Varsity														
38	90.00		Alex Tirtitski	30	Moore Muscle -- Miami	Raw/Unequipped														
39	90.00		Nenghua He	18	Montverde Academy - Montverde	Teen [18 - 19]														
40	90.00		Nenghua He	18	Montverde Academy - Montverde	High School Varsity														
41	125.00		Eric Pauli	51	Montverde Academy - Montverde	Master [50 - 59]														
42	125.00+		Mike Ricker	44	Anytime Fitness -- Cape Coral	Master [40 - 49]														
43			**Bench Press Only**																	
44	F 75.00		Adeline Ulvang	44	Just Lift Ink -- Margate	Master [40 - 49]														
45	F 75.00		Adeline Ulvang	44	Just Lift Ink -- Margate	Raw/Unequipped														
46	52.00		Zhao Cheng Zheng	16	Montverde Academy - Montverde	Teen [16 - 17]														
47	52.00		Zhao Cheng Zheng	16	Montverde Academy - Montverde	High School Varsity														
48	60.00		Ray Kang	18	Montverde Academy - Montverde	Teen [18 - 19]														
49	60.00		Ray Kang	18	Montverde Academy - Montverde	High School Varsity														
50	67.50		K.C. Park	18	Montverde Academy - Montverde	Teen [18 - 19]														
51	67.50		K.C. Park	18	Montverde Academy - Montverde	High School Varsity														
52	75.00		Carlos Cevallos	27	Prime Time Fitness -- Hialeah	Raw/Unequipped														
53	75.00		Xiao Lin	18	Montverde Academy - Montverde	Teen [18 - 19]														
54	75.00		Xiao Lin	18	Montverde Academy - Montverde	Raw/Unequipped														
55	82.50		Mosbeh Alkinany	41	Bally's Gym -- Coral Gables	Open														
56	82.50		Scott Yoo	16	Montverde Academy - Montverde	Teen [16 - 17]														
57	82.50		Mosbeh Alkinany	41	Bally's Gym -- Coral Gables	Master [40 - 49]														
58	82.50		George Walker	64	Quest Gym -- Sebring	Master [60 - 69]														
59	82.50		Bill Sander	68	Just Lift Ink -- Margate	Master [60 - 69]														
60	82.50		Scott Yoo	16	Montverde Academy - Montverde	High School Varsity														
61	82.50		Dan Randolph	38	Just Lift Ink -- Margate	Raw/Unequipped														
62	90.00		Lebron Grimes	38	CRF -- Ft. Lauderdale	Raw/Unequipped														
63	90.00		Nenghua He	18	Montverde Academy - Montverde	Teen [18 - 19]														
64	90.00		Nenghua He	18	Montverde Academy - Montverde	High School Varsity														
65	100.00		Mike Ferrantelli	44	Pasco Powerlifting Team	Open														
66	100.00		Mike Ferrantelli	44	Pasco Powerlifting Team	Master [40 - 49]														
67	100.00		Mike Ferrantelli	44	Pasco Powerlifting Team	Police/Fire/Military														
68	100.00		Michael Silveri	27	LA Fitness -- Boca Rotan	Raw/Unequipped														
69	110.00		Jim Campbell	28	Winter Garden	Master [40 - 49]														
70	110.00		Christopher Christiansen	28	Parkland	Raw/Unequipped														
71	110.00		Jim Campbell	43	Winter Garden	Raw/Unequipped														
72	125.00		Alberto Suarez	53	Thunder Gym -- Miami	Open														
73	125.00		Ron Snowton	48	University Fitness -- Penbrook Pines	Master [40 - 49]														
74	125.00		Skip "High Socks" Regan	58	Golds Gym -- Port St. Lucie	Master [50 - 59]														
75	125.00		Alberto Suarez	53	Thunder Gym -- Miami	Master [50 - 59]														
76	125.00		Ron Snowton	48	University Fitness -- Penbrook Pines	Master [40 - 49]														
77			**Deadlift Only**																	
78	52.00		Zhao Cheng Zheng	16	Montverde Academy - Montverde	Teen [16 - 17]														
79	52.00		Zhao Cheng Zheng	16	Montverde Academy - Montverde	High School Varsity														
80	60.00		Ray Kang	18	Montverde Academy - Montverde	Teen [18 - 19]														
81	60.00		Ray Kang	18	Montverde Academy - Montverde	High School Varsity														
82	67.50		K.C. Park	18	Montverde Academy - Montverde	Teen [18 - 19]														
83	67.50		K.C. Park	18	Montverde Academy - Montverde	High School Varsity														
84	75.00		Xiao Lin	18	Montverde Academy - Montverde	Teen [18 - 19]														
85	75.00		Xiao Lin	18	Montverde Academy - Montverde	Raw/Unequipped														
86	82.50		Scott Yoo	16	Montverde Academy - Montverde	Teen [16 - 17]														
87	82.50		Scott Yoo	16	Montverde Academy - Montverde	High School Varsity														
88	90.00		Nenghua He	18	Montverde Academy - Montverde	Teen [18 - 19]														
89	90.00		Nenghua He	18	Montverde Academy - Montverde	High School Varsity														
90	90.00		Anthony Loreto	24	Just Lift Ink -- Margate	Raw/Unequipped														
91	90.00		Alex Tirtitski	30	Moore Muscle -- Miami	Raw/Unequipped														
92																				